

# GETTING READY FOR BABY

## BATHING/Personal Care Products

### OVERVIEW

Everyone loves a sweet-smelling baby. Fortunately, you don't need any added fragrances from personal care products to achieve this! There are a lot of strongly-scented products available on the market. You don't need much to care for baby's hair and skin. A simple cleanser, moisturizer, balm for rash, and sunscreen can be enough.

### HIDDEN HAZARDS

The Campaign for Safe Cosmetics identifies key chemicals of concern in personal care products for babies and toddlers. These include **formaldehyde-releasers** (the actual ingredient isn't formaldehyde but the chemicals in the product react to release it into the bottle in your bathroom), 1,4 dioxane, benzophenone, butylated compounds, a variety of carcinogens, ethanalamine, ethoxylated ingredients, homosalate, and lead and other heavy **metals**. Baby powders can be made with talc, which has been shown to contain **asbestos**, and to contribute to cancer.

### OTHER CONSIDERATIONS

Before you have your baby's (or toddler's) face painted to be a tiger or superhero or fairy, consider that children's face paints have been found to contain a number of chemicals of concern, including heavy **metals**.

### RECOMMENDATIONS

The following products are certified by **MADE SAFE**:  
**Alaffia**

- Babies & Up Bubble Bath-Eucalyptus Mint
- Babies & Up Bubble Bath-Lemon Lavender
- Babies & Up Shampoo & Body Wash-Lemon Lavender

### MamaEarth

- Clean Cuties Skin Cleaner
- Deeply Nourishing Body Wash for Babies
- Diaper Rash Cream for Babies
- Gentle Cleansing Shampoo for Babies
- Mineral Based Sunscreen
- Moisturizing Daily Lotion for Babies
- Natural Insect Repellent
- Natural Lip Balm
- Nourishing Hair Oil for Babies
- Soothing Massage Oil for Babies

### Oilogic

- Ouchies & Boo Boos Essential Oil Ointment
- Slumber & Sleep Essential Oil Epsom Soak
- Stuffy Nose & Cough Essential Oil Epsom Soak

### Pleni Naturals

- Apple + Broccoli Hair & Body Wash
- Berry + Olive Baby Balm
- Cucumber + Grape Baby Oil
- Mango + Avocado Hydrating Lotion

The following are MADE SAFE certified sunscreens:

- Anmarie Gianni Skin Care** Sun Love
- MamaEarth** Mineral Based Sunscreen
- True Botanicals** Everyday Sheer Coverage SPF 20

You can also use simple materials in place of purchased products: organic coconut oil can moisturize skin, if needed, corn starch in a handy container, can replace baby powders.

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## REFERENCES & RESOURCES

Learn more about chemicals in personal care products at the [Campaign for Safe Cosmetics](#).

Read about chemicals of concern in children's face paints in the Campaign for Safe Cosmetics report, "[Pretty Scary 2](#)".

Learn more about the hidden hazards by reviewing the [glossary](#) or take a deep dive by reading [Safer Products for Babies and Toddlers: Resources and Recommendations for Retailers](#).